



WEISSES ROESSL

KITZBÜHEL

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CHEVAL BLANC

SPA



WINTERTIME OUTSIDE. INSIDE COZY WARMTH & PURE WELL-BEING.

A visit to our hotel's own SPA is also part of a relaxing winter day in Kitzbühel. Our team there has soothing treatments and massages for you.

Let us advise you individually and arrange your personal treatment appointment. We are looking forward to seeing you. Welcome to our Cheval Blanc SPA.

OPENING TIMES:

Indoor Pool: 8 am – 8 pm

Fitness area: 7 am – 8 pm

Beauty & massage area: 9 am – 7 pm (and by appointment)

Sauna and rest areas: 12 pm – 8 pm

CHEVAL BLANC SPA PRODUCTS

AUGUSTINUS BADER

With the Augustinus Bader method, we can optimise and loosen the attachments of the fasciae and generously moisturise the skin - using the unique TFC8® technology in our products.

It is an ongoing and sustainable rejuvenation process that leads to continuous improvements when the chosen product continues to be used at home after the intensive professional care treatment.

EBENHOLZ

Natural Skincare for Men

For ages, the healing, highly effective essences of trees have been used in almost all cultures. EBENHOLZ optimises this pure power to protect, regenerate, strengthen, and rejuvenate men's skin - as the world's first skincare range in all its products.

With the most renowned German scientists, these treasures of nature are further developed into revolutionary formulations and highly effective products.



AUGUSTINUS BADER FOR CHEVAL BLANC SPA

Inspired by over three decades of science and innovation, Augustinus Bader's award-winning approach to professional skincare is rooted in ground-breaking stem cell research and trusted by the world's most discerning experts. Professor Bader's clean, efficient formulas are powered by TFC8®, a proprietary cellular renewing technology: a patented blend of natural amino acids, high-grade vitamins, and synthesised molecules that transform the potent formulations into smarter, adaptive skincare capable of addressing individualised concerns. Clinically proven to help support the body's natural regenerative processes, the treatments will lead to a fresh, healthy glow – beauty from the inside out.

THE INTRODUCTORY FACIAL

A science-backed treatment to introduce skin to Professor Bader's award-winning cellular renewing technology, TFC8®, and achieve an instant glow. This customised facial leverages Augustinus Bader's hero formulas to help boost hydration and cellular communication, promote circulation, and firm, tone and refresh, zeroing in on the skin's unique needs for immediate, visible results. This introduction is followed by a personalised skin care consultation to keep improving the complexion and supporting the Biological Wisdom of the Body.

60 min. | € 190

THE BADER GLOW FACIAL

A streamlined, highly effective version of the Augustinus Bader Method, a bespoke, science-backed treatment that combines Professor Bader's award-winning skincare technology, TFC8®, with customised fascia massage to stimulate cell rejuvenation, reshape, and lift the contour of the face. Skin is thoroughly double cleansed in preparation for application of formulas developed to support and boost the skin's natural repair process. The signature fascia massage techniques enhance circulation for optimal product absorption and delivery of key active ingredients, followed by the exclusive detoxifying and ultra-smoothing sheet mask ritual for immediate calming and glowing effects, whilst also enjoying a stimulating scalp massage using the famed Augustinus Bader scalp treatment as well as the hand treatment for a relaxing Hand and Arm Massage.

90 min. | € 290

THE AUGUSTINUS BADER FULL BODY EXPERIENCE

This unique professional treatment leverages the Augustinus Bader Method – a sophisticated, customised skincare experience leveraging the award-winning brand's proprietary TFC8® renewal complex to firm, soothe, and rejuvenate from head to toe. The experience begins with a gently exfoliating Augustinus Bader Oil and Herbal Mountain Salt Scrub, then continues with a superficial fascia massage to activate tissue metabolism and stimulate cellular communication and repair. Finally, the entire body is enveloped in a luxurious layer of Augustinus Bader's cult hero, The Body Cream, clinically proven to reduce the appearance of cellulite and achieve a visibly softer, smoother, and firmer look and feel in just one session.

90 min. | € 250



MASSAGES & TREATMENTS

| | | in € |
|--|---------|------|
| Partial body massage | 25 min. | 55 |
| Full body massage | 50 min. | 110 |
| Full body massage | 80 min. | 170 |
| Hot Stone Massage | 60 min. | 125 |
| Deep Tissue | 50 min. | 125 |
| Sports massage | 50 min. | 125 |
| Foot reflexology massage | 30 min. | 70 |
| Aroma oil massage | 25 min. | 70 |
| Aroma oil massage | 50 min. | 125 |
| Lymphatic drainage legs | 20 min. | 60 |
| Lymphatic drainage full body | 60 min. | 135 |
| Ayurveda Abhyanga | 75 min. | 170 |
| Lomi Lomi | 80 min. | 180 |
| Pregnancy | 50 min. | 110 |
| Kids balance massage | 20 min. | 50 |
| Combi massage (foot + PBM) | 50 min. | 110 |
| Honey massage + fascial therapy | 25 min. | 65 |
| Chakra Treatment (foot, shoulder, neck, head, face, ear candeling) | 60 min. | 140 |

DEEP TISSUE MASSAGE
Deep tissue massage offers both physical and psychological benefits. Unlike other massage techniques that focus on relaxation, deep tissue massage helps to treat muscle pain and improve stiffness, but still can help to you unwind mentally, too.

ABHYANGA AYURVEDIC MASSAGE
Your body and mind can unwind with the help of the potent Ayurvedic therapy known as abhyanga massage. Abhyanga has numerous health advantages whether it is performed individually or as part of a Panchakarma procedure. It nourishes the tissues, gets rid of impurities, cleans the skin, and boosts health in general.

LOMI LOMI
This Hawaiian temple massage conveys a unique sense of well-being from head to toe with flowing, holistic movements, gentle stretches, and noticeable mobilisation. Warm fragrant coconut oil and Hawaiian sounds make this treatment an impressive experience. This ritual allows for absolute deep relaxation.

HONEY MASSAGE + FASCIAL THERAPY
Through techniques like plucking and kneading, the sticky properties of the honey and the distinctive massage boost the metabolism and blood circulation. Muscles are loosening up, tissue is being cleaned, energy flow is improved, and organ activity is increased.

PEELINGS

SEA SALT OIL PEELING

Dead skin cells are gently removed, and the skin is supplied with important minerals.

30 min. | € 58

GRAPE MARC PEELING

Ground grape seeds with a formula of nourishing oils naturally exfoliate your skin to leave it soft and fresh.

30 min. | € 58

HERBAL PEELING

Has a vasodilating effect and promotes blood circulation. Provides a soft and rosy skin texture.

30 min. | € 58

The fragrance, the feeling of the nourishing oils and creams and the sensation of floating bring absolute deep relaxation.

All body treatments are carried out with exclusive products from KURLAND. The products consist exclusively of high-quality & natural raw materials. They contain well-chosen combinations of local herbs, medicinal plants and flowers, high-quality care oils, and goat butter.

RECOMMENDATION

2-HOURS EXPERIENCE

- Wine marc peeling
- Classic massage
- Cleopatra wrap
- Facial treatment

€ 260

SOOTHING WRAPS

ALGAE WRAP

Algae contain valuable minerals and vitamins. This pack has a purifying and firming effect and moisturises your skin.

30 min. | € 62

NATURAL MUD WRAP

Contains 100% pure mud without additives. The mud is used to relieve rheumatic complaints.

30 min. | € 62

CLEOPATRA CREME WRAP

Dry skin is pampered with various nourishing oils and rich goat butter cream.

30 min. | € 62



MEN

EBENHOLZ

Fresh, healthy-looking skin not only makes you beautiful, it leaves a lasting impression. The development of all EBENHOLZ care products is based on this simple insight. Highly effective, natural 'skincare tools' are tailored to the special needs of men's skin and give a fresh appearance.

EBENHOLZ MEN FACIAL

Skin analysis, intensive cleansing, peeling, active ingredient ampoule, mask, facial and neck massage, final care.

50 min. | € 135

All men receive a 10% discount on EBENHOLZ products in the Cheval Blanc Spa in addition to the EBENHOLZ Men Facial.

HANDS & FEET

CLASSIC MANICURE

The treatment begins with a pleasantly scented hand bath. The nails are shortened and shaped, the cuticles are modelled. A subsequent massage with a nourishing cream makes this treatment a luxury experience for your hands.

€ 88

CLASSIC PEDICURE

The treatment begins with a warm, nourishing foot bath. Then the nails are shortened and shaped and the calluses are gently removed. The nails and cuticles are cared for with special products. The feet are gently massaged with rich products.

€ 99

| | in € |
|-----------------------------------|------|
| Varnish | 15 |
| Gel varnish | 30 |
| Manicure + pedicure + varnishing | 180 |
| Manicure + pedicure + gel varnish | 200 |

CARE TREATMENTS

| | in € |
|--|------|
| Depilation lip & chin | 20 |
| Eyebrows correction | 20 |
| Eyebrows tinting | 25 |
| Eyelashes dyeing | 25 |
| Eyebrows correction + eyebrows tinting + eyelashes dying + eye treatment | 95 |
| Depilation Legs to Knees | 45 |
| Depilation Legs Complete | 65 |
| Depilation Back | 45 |
| Depilation Armpits | 35 |
| Nail Polishing (in combination with manicure/pedicure) | 20 |

WELLNESS IS A STATE OF BEING

BOOKINGS

We recommend that you book your treatments before your arrival so that we can take your wishes regarding treatment and time into account. We will be happy to create your very own personal well-being package during a consultation.

PHONE +43 5356 71900-840
EMAIL HOTEL@ROESSLKITZ.AT

CANCELLATIONS

We kindly ask you to cancel your appointment at least 12 hours before the start of the treatment.

We ask for your understanding that we will have to charge for the treatment in case of late cancellation or no-show.

HEALTH

To optimally tailor your spa treatments to your needs, please inform us of any specific wishes, health conditions, or ailments that may impact your treatment.

CLOTHING

Please come to your treatments in your bathrobe. To protect your privacy, we offer you a disposable slip for each treatment and you will be well covered. Please wear swimwear in the swimming pool area. Our sauna area is a textile-free area.

FOOD AND DRINKS

Refreshing drinks and teas are available in the spa during opening hours. The consumption of food is not permitted in the spa area. Smoking and the consumption of alcohol are also not permitted in the Cheval Blanc Spa.

TREATMENTS

We kindly ask you to arrive at the spa five minutes before the start of your treatment. You will be welcomed by our staff at the Spa Reception for your treatment. Please understand that we cannot extend your treatment if you arrive late.

SILENT AREA

The Cheval Blanc Spa sees itself as a space for rest and relaxation. Please note that mobile phone calls are not permitted out of consideration for other guests.





THE LEADING HOTELS
OF THE WORLD®



HARISCH HOTELS



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